



# STOUR VALLEY

COMMUNITY SCHOOL

## ***Autumn Term***

### ***Dates***

Half

Term

Mon 26 Oct - Fri

30 Oct 2020

Non-pupil

Day

Fri 20 Nov 2020

Autumn Term

ends

Fri 18 Dec 2020

## **Dates for your Diary**

- Friday 9 October - Non uniform day - Young Minds, wear yellow for World Mental Health Day
- Saturday 10 October - World Mental Health Day

## **COVID Risk Assessment & Routines**

Please view the following Student and Parent Guidance document to accompany our COVID Risk Assessment

document: <http://www.stourvalleycommunityschool.org/images/ParentandStudentInfoforSept2020return09091.pdf>

## **Christmas**

### **Break**

Mon 21 Dec

2020 - Fri 1 Jan

2021

### **Spring Term**

#### **starts**

Mon 4 Jan 2021

## ***Upcoming***

### ***Events this***

#### ***October***

##### **Friday 9**

**October** Non

uniform day -

Young Minds,

wear yellow for

World Mental

Health Day

##### **Saturday 10**

**October** World

Mental Health

Day

The full document is available on request. Following a successful first four weeks back at school, we do not want to be complacent. Please do go over the guidance with your son or daughter again.

Key points on hygiene are below:

Washing and sanitising is encouraged frequently throughout the day.

Every classroom will be equipped with cleaning/sanitising equipment to be used in the last 5 minutes of each lesson.

Enhanced cleaning regime is in operation, with 'high-touch' areas prioritised.

In addition, we **recommend** the responsible wearing of face coverings by students and staff when they are in indoor communal areas (hall, corridors, toilets, queuing for lunch) of the school to further reduce the risk of Covid-19 transmission. Some staff may wear visors in classrooms, in line with individual risk assessments.

**The wearing of face masks is mandatory on public transport and recommended on school buses.**

## **Year 11 Post-16 Information**

The Year 11 students should now start to look at their post-16 options for next year, it will come round very quickly! Due to the current situation, we are unable to hold whole year assemblies, so we have asked each post-16 provider to send us a presentation which the tutors will show during tutor time. Prospectuses are being sent in the next few weeks and we will advise you of the open evenings (these will be virtual) in due course. We would like all students to have applied to their chosen college/sixth form by Christmas. Students can apply for more than one course, with more than one provider. They can then make a decision when they receive their GCSE results next year. If you have any questions, please contact [keady@stourvalley.org](mailto:keady@stourvalley.org)

## Year 11 Post-16 Open Events

**Ipswich High School, Ipswich** - 30 September 2020

Contact Rebecca Geoghegan - [r.geoghegan@ipswichhighschool.co.uk](mailto:r.geoghegan@ipswichhighschool.co.uk) 01473  
780201

**Suffolk One, Ipswich** - 10 October 2020, 9:30am-12:30pm

**Colchester Institute, Colchester Virtual Open Event** - 13 October 2020, 6-8pm.

Book online - <https://www.colchester.ac.uk/events/#open-events>

**Otley College, Ipswich Virtual Open Event** - 15 October 2020, 5:30-8pm

Book online -

<https://www.eventbrite.co.uk/e/ipswich-campus-taster-event-tickets-120180937419>

1 December 2020 – 5:30-8pm

27 February 2020 – 9:30-12 noon

5 May 2020 – 5:30-8pm

**Hills Road Virtual Open Events**

19 and 20 October - bookings going live next week

via: <https://www.hillsroad.ac.uk/>

**Long Road Sixth Form, Cambridge Virtual**

**Tour** - <https://www.youtube.com/watch?v=r-fN8xSWEiU&feature=youtu.be>

## Young Minds Wear Yellow - World Mental Health Day

SVCS will be having a non-uniform day on Friday 9 October 2020 to raise money for the mental health charity Young Minds. Students are encouraged to donate £1 and can wear their own clothes for the day. The theme is 'wear yellow', however, students do not have to do so. Clothing and footwear must be suitable for lessons in school, and please ensure your child has their bus pass, planner and equipment for lessons. The usual make-up, hair and jewellery policies will still apply. Should you have any enquiries, please contact Miss Woods, Miss Howard or Mrs Bruton:

## Adolescent Mental Health & Wellbeing

Over the next fortnight SVCS will be raising awareness of adolescent Mental Health and Wellbeing. This has already begun with staff sharing how they manage their stress and anxiety. We will be holding a non-uniform day on Friday 9 October (as detailed above), the proceeds of which will go to Young Minds. For more information please view the following link: <https://youngminds.org.uk/>

Students will also be showing their creative skills and depicting what Mental Health means to them through creating posters to be shared around school. They will also be shown some different ways to manage stress and anxiety during tutor times and PSHE lessons.

For more information please contact Miss L Howard, Mrs H Bruton or Miss S Woods.

**#HelloYellow**

# TOGETHER WE'VE GOT THIS

We're saying **#HelloYellow** in our school to show young people they're not alone with their mental health.

Wear yellow on **9 October** and donate **£1** to YoungMinds

HOWEVER YOU'RE FEELING

**YOUNGMINDS.ORG.UK/HELLOYELLOW** **YOUNGMINDS**

## **Attendance Guidance for Parents/Carers**

Please view the following link for guidance regarding attendance if your child is unwell:

<http://www.stourvalleycommunityschool.org/images/Guidanceforparentsrefattendanceatschoolifchildisunwell.pdf>

