

Parent Carer Bulletin

Autumn Term Dates

17 November 2023, Non-pupil Day

21 Dec 2023 - 2 Jan 2024, Christmas Break * Early closure on 21 December

Events this November

Thursday 16 November Leavers 2023 GCSE Certificate Evening, 7-8pm

Thursday 16 November

School Nurse Student Drop-in session in U13 (Wellbeing room), lunchtime

Friday 17 November

Non-pupil Day

Tuesday 21 November

CEC (Climate Emergency Committee) tree sapling planting session in Clare, 11am-1pm

Wednesday 22 November

Non-uniform day, **Purple Day**, in memory of Haydn Restarick

Thursday 23 November

Year 10 A Christmas Carol viewing at St Mary's Church, Chilton, 6:30-8:20pm

Thursday 23 November

School Nurse Student Drop-in session in U13 (Wellbeing room), lunchtime

Thursday 30 November

Year 9 Parents/Carers Evening, 4:30-7:30pm

Dates for your diary week commencing 13 November:

- Thursday 16 November Leavers 2023 GCSE Certificate Evening, 7-8pm
- Thursday 16 November School Nurse Student Drop-in session in U13 (Wellbeing room), lunchtime
- Friday 17 November Non-pupil Day



Remembrance 2023

As 11th November falls on a Saturday this year, Stour Valley Community School held a 2 minute silence at 11am on Friday 10th.

We were joined by members from our local veteran community in Bury St Edmunds and Sudbury, all of our students including those in cadet services, took part in the silence.

'At the going down of the sun and in the morning, We will remember them.'



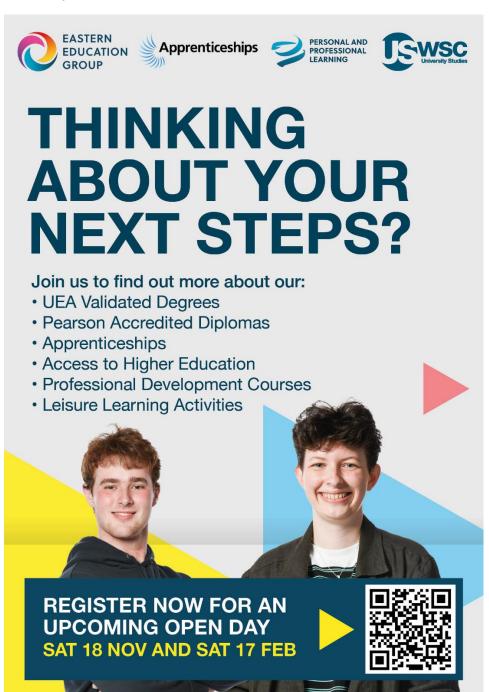


University of Suffolk - Years 7. 8 and 9

The University of Suffolk have their bi-annual <u>Family Awareness Day</u> coming up on Saturday 25 November. Whilst Higher Education seems a long way off, the choices children make at school may affect their choices at 16 and 18. This is for children in Years 7, 8 and 9 and their parents/carers to learn more about university and to meet with some of our current students. Families will take part in a fun programme of activities and learn more about the benefits of Higher Education and Student Finance. Lunch is also provided!



Open Day Events - Post-16



Sixth Form and Scholarship Taster Days - Post-16

Year 11 students and families should register on this link https://forms.office.com/r/hSs0KW0JiN if they wish to attend.



Kooth Newsletter



Hello and welcome to Kooth's November newsletter for local services.

November marks the beginning of **Movember**, a time to <u>raise awareness of men's mental health</u>. A recent UK survey showed that <u>40% of men reported to have never spoken to anyone about their mental health</u>; Movember is the perfect opportunity to shine a light on men's mental health and get boys and men talking.

You can get involved by sharing our "Busting myths for Movember" <u>Kooth podcast</u>, or our "Breaking the stigma" <u>short film</u> around men's mental health (we recommend this video for ages 17+).

Helpful resources

- Worrying world news: take a look at our <u>article</u> with guidance and support for young people.
- **Anti-bullying week** (13-17 November): get involved by sharing our free Kooth <u>resources</u> and signing up to our upcoming webinar, 'How Kooth promotes and supports staying safe online', below.

- **FAQ guide for parents and carers**: share our brand new <u>leaflet</u> where we've answered parents' and carers' most commonly asked questions about Kooth.
- Kooth winter activity sheets: we're developing 18 activity sheets for young people to explore their emotions, relationship skills, and coping techniques. Choose between grounding or energetic activities, and find ideas for sessions from 10 minutes up to 45 minutes. These sheets are coming soon! Please email your local Kooth Engagement Lead for more information.

Upcoming live KoothTalks webinars

We're running free KoothTalks webinars for professionals:

- Kooth and Qwell: suicide prevention and awareness
 - o <u>Tues 21 Nov, 1-2pm</u>
 - o Wed 29 Nov 4-5pm

Please share details of these KoothTalks webinars for parents and carers:

- How Kooth promotes and supports staying safe online
 - o Mon 6 Nov, <u>12-1pm</u> or <u>6-7pm</u>
- Support for young people experiencing anxiety or stress this winter
 - o Thurs 14 Dec, 6-7pm

You can view our bank of past webinars focused on topics like 'How Kooth and Qwell can support LGBTQ+ identities', on our Vimeo channel.

Clare Christmas Fair





Important Letters & Notices

https://support.overnetdata.com/knowledge-base/how-do-parents-update-their-information-in-edulink-one/ - How do parents/carers view and update their information in EduLink One

<u>Microsoft Word - PSHE Parental Advice (stourvalleycommunityschool.org) - PSHE Parental Advice</u>
https://www.stourvalleycommunityschool.org/news/letters-from-the-headteacher - Letters from the Headteacher stourvalley.org - Stour Valley Community School Attendance reporting email address safe@stourvalley.org - Stour Valley Community School Safeguarding email address

Stour Valley Community School

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