

SVCS FUTURES Update Autumn Term 1 Weeks 1-4

Please contact Miss L Howard at lhoward@stourvalley.org with any questions or concerns.

The beginning of term has been spent in self-reflection and planning for the year. The sessions outline below have either already happened or are listed to inform you of the topics we'll be looking at next.

Year Group and session type	Topic	Suggested supporting resources for parents and carers.
Year 7 Tutor Time	Shared Values and influences on our behaviour	Vision, Values and Aims - Stour Valley Community School
Year 7 Lessons	Welcome, self-reflection and setting targets for the future. Safety and First Aid.	Donate securely to the British Red Cross England's First Aid Charity St John Ambulance (sja.org.uk)
Year 8 Tutor Time	Shared Values and influences on our behaviour.	Vision, Values and Aims - Stour Valley Community School
Year 8 Lessons	Welcome, self-reflection and setting targets for the future. Drugs and Alcohol	Drugs, alcohol, vaping and smoking - Suffolk County Council Support we offer Drugs and alcohol (turning-point.co.uk) Addiction - Stour Valley Community School
Year 9 Tutor Time	Shared Values and Suicide Prevention Day.	Vision, Values and Aims - Stour Valley Community School
Year 9 Lessons	Welcome, self-reflection and setting targets for the future. Sending images and the law.	CEOP Safety Centre
Year 10	Code of Ethics in depth.	Suffolk Hope Awards - Stour Valley Community School
Year 11	Presentations from post-16 establishments and Stereotypes.	Post 16 Centres - Stour Valley Community School

For full information on the FUTURES (PSHE) curriculum and further supporting resources, please visit:

[Futures \(PSHE Plus\) - Stour Valley Community School](#)

For further supporting resources for student, parent and carer wellbeing please visit:

[SVCS Wellbeing - Stour Valley Community School](#)