

SVCS FUTURES Update Autumn Term 1 Weeks 7-8

Please contact Miss L Howard at lhoward@stourvalley.org with any questions or concerns.

The beginning of term has been spent in self-reflection and planning for the year. The sessions outline below have either already happened or are listed to inform you of the topics we'll be looking at next.

Year Group and session type	Topic	Suggested supporting resources for parents and carers.
Year 7 Tutor Time	Values Career in the Spotlight: Film	Vision, Values and Aims - Stour Valley Community School Careers - Stour Valley Community School
Year 7 Lessons	World of Work	Careers - Stour Valley Community School
Year 8 Tutor Time	Heart Health Career in the Spotlight: Art	Heart disease NHS inform Art & Photography - Stour Valley Community School
Year 8 Lessons	Future Jobs and Employment Rights	Careers - Stour Valley Community School
Year 9 Tutor Time	Being a Positive Bystander Career in the Spotlight: Technology	The 5Ds of Bystander Intervention - Right To Be Careers - Stour Valley Community School Technology - Stour Valley Community School
Year 9 Lessons	Gangs and County Lines	County Lines - St Giles (stgilestrust.org.uk) County lines Suffolk Constabulary
Year 10	New Challenges and Reframing Negative Thinking – Mental Health Sleep	SVCS Wellbeing - Stour Valley Community School Children and Young People's Emotional Wellbeing Hub (east and west Suffolk) - Suffolk County Council YoungMinds Mental Health Charity For Children And Young People YoungMinds Careers - Stour Valley Community School
Year 11	Interview Skills	Post 16 Centres - Stour Valley Community School

For full information on the FUTURES (PSHE) curriculum and further supporting resources, please visit:

[Futures \(PSHE Plus\) - Stour Valley Community School](#)

For further supporting resources for student, parent and carer wellbeing please visit:

[SVCS Wellbeing - Stour Valley Community School](#)