

## SVCS FUTURES Update Autumn Term 2 Weeks 3-4

Please contact Miss L Howard at [lhoward@stourvalley.org](mailto:lhoward@stourvalley.org) with any questions or concerns.

The beginning of term has been spent in self-reflection and planning for the year. The sessions outline below have either already happened or are listed to inform you of the topics we'll be looking at next.

Year Group and session type	Topic	Suggested supporting resources for parents and carers.
Year 7 Tutor Time	Empathy Career in the Spotlight: PE	<a href="#">Careers - Stour Valley Community School</a> <a href="#">Physical Education - Stour Valley Community School</a>
Year 7 Lessons	Employability Skills, including Oracy	<a href="#">Careers - Stour Valley Community School</a>
Year 8 Tutor Time	Empathy Career in the Spotlight: Food Technology	<a href="#">Food Technology - Stour Valley Community School</a>
Year 8 Lessons	Employability Skills, including Oracy	<a href="#">Careers - Stour Valley Community School</a>
Year 9 Tutor Time	Rights in Relationships Career in the Spotlight: History	<a href="#">CEOP Education</a> <a href="#">Careers - Stour Valley Community School</a> <a href="#">History - Stour Valley Community School</a>
Year 9 Lessons	Employability Skills, including Oracy	<a href="#">Careers - Stour Valley Community School</a>
Year 10	Recognising Mental Ill Health Promoting Wellbeing	<a href="#">SVCS Wellbeing - Stour Valley Community School</a>  <a href="#">Children and Young People's Emotional Wellbeing Hub (east and west Suffolk) - Suffolk County Council</a>  <a href="#">YoungMinds   Mental Health Charity For Children And Young People   YoungMinds</a>
Year 11	Revision and post-16 applications	<a href="#">Post 16 Centres - Stour Valley Community School</a>

**For full information on the FUTURES (PSHE) curriculum and further supporting resources, please visit:**

[Futures \(PSHE Plus\) - Stour Valley Community School](#)

**For further supporting resources for student, parent and carer wellbeing please visit:**

[SVCS Wellbeing - Stour Valley Community School](#)