

Our FUTURES curriculum. Whilst robustly upholding our school values, looks to help students unlock and develop their inherent talents, but also supports them to reach and aspire towards their goals. It is designed to help them understand the world as it is now, but also to prepare them for what it might become.

Our FUTURES programme aims to be:

- **PROTECTIVE:** keeping our students safe in today's world and preparing them for changes.
- **DEVELOPMENTALLY APPROPRIATE:** responsive to questions and issues raised by our students and current/emerging societal issues.
- **EMPOWERING:** celebrating healthy relationships and choices, not just avoiding risk.
- **INCLUSIVE:** relevant to all students and reflective of the whole community; locally, nationally, and internationally.
- **EVIDENCE-BASED:** informed by research and by the experiences of our students and other young people.
- **EFFECTIVE:** focusing on life skills and open discussion as well as factual knowledge.
- **PROFESSIONAL:** taught by trained teachers through Whole Child training in school and supported by specialists.
- **ENGAGED WITH PARENTS AND CARERS:** to ensure they are aware, informed and have opportunities to ask questions through weekly updates in the Parent/Carer Bulletin and uploaded on the website.

All resources are available upon request and are either created by the PSHE Association, approved by the PSHE Association or have been created by Miss L Howard. The curriculum supports and is supported by SVCS safeguarding, our Code of Ethics and our school values. Additional topics are covered on our three Enhancement Days each year and information will be shared prior to each one of these days.

In line with legislation parents and carers have the right to remove their child/children from non-statutory Sex Education. Where these topics are covered in our curriculum they are taught within the statutory framework of healthy relationships and is designed to protect children from harm. Please check the curriculum below and contact Miss L Howard on lhoward@stourvalley.org if you have any questions, would like to know more or would like to see these resources before they are delivered to your child.

Supporting Resources for students, parents, carers and staff can be found:

[Futures \(PSHE Plus\) - Stour Valley Community School](#)

[Careers - Stour Valley Community School](#)

[SVCS Wellbeing - Stour Valley Community School](#)

[Policies - Stour Valley Community School](#)

[PSHE Association | Charity and membership body for PSHE education](#)

[Relationships and sex education \(RSE\) and health education - GOV.UK](#)

[Careers guidance and access for education and training providers - GOV.UK](#)

[National Curriculum - Citizenship key stages 3 and 4](#)

[Keeping children safe in education - GOV.UK](#)

SUMMER 1

Year 7 Lesson	Year 7 TT	Year 8 Lesson	Year 8 TT	Year 9 Lesson	Year 9 TT	Year 10	Year 11
Deciding what to watch	Inflation	Gaming, social media and algorithms	How to use bank cards	First Aid and Personal Hygiene Reminders	Cryptocurrency	Pornography and Law 1	Wellbeing during exams
	Collaboration Story		Stephen Lawrence Story		Financial Exploitation	Pornography and Law 2	
Relationships on Screen	Student Voice	Sex and the Law	Student Voice	Conflict Management	Online Gaming	One-to-one tutor mentoring.	Post-16 Readiness
	Challenge		Challenge		Student Voice	Work Experience Prep.	
Managing Challenging Content	Careers	Introduction to Sexual Health	Careers	Digital Deception	Career in the Spotlight: MFL	RS	GCSE Exams
	Challenge		Challenge		Loneliness	What will year 11 look like?	
Testicular Health	Challenge	Fashion vs the Environment	Challenge	Virgin Testing and Hymenoplasty	Careers	Work Experience Prep	
	X		X		X	Work Experience Prep	
						X	
						X	

SUMMER 2

Year 7 Lesson	Year 7 TT	Year 8 Lesson	Year 8 TT	Year 9 Lesson	Year 9 TT	Year 10	Year 11
Taking care of the vulva	What will year 8 look like?	Dental Health	What will year 9 look like?	Hidden Girls in Gangs	What will year 10 look like? 1	Revision Techniques	GCSE Exams
	Rail Safety		Serious Youth Crime		What will year 10 look like? 2	Exams	
Flex in the curriculum for some lessons to take longer than one hour or respond to emerging issues.	Critical Consumer	Flex in the curriculum for some lessons to take longer than one hour or respond to emerging issues.	Managing Debt	Flex in the curriculum for some lessons to take longer than one hour or respond to emerging issues.	Online Financial Safety	Work Experience	
	Water Safety		Water Safety		Career in the Spotlight: Music		
	RSE Day		RSE Day		RSE Day		
	Decision Making		A young person's guide to banking		Pocket Money Debate		
	Careers		HPV vaccine session date tbc		Careers		
	X		X		X		