

SVCS FUTURES Update Spring 1 Weeks 1-2

Please contact Miss L Howard at lhoward@stourvalley.org with any questions or concerns.

The beginning of term has been spent in self-reflection and planning for the year. The sessions outline below have either already happened or are listed to inform you of the topics we'll be looking at next.

Year Group and session type	Topic	Suggested supporting resources for parents and carers.
Year 7 Tutor Time	Movement and Mental Health Modern Slavery	SVCS Wellbeing - Stour Valley Community School What is Modern Slavery The Salvation Army
Year 7 Lessons	Introduction to consent	PSHE Association Charity and membership body for PSHE education (pshe-association.org.uk) Relationship and Sex Education Policy - Stour Valley Community School
Year 8 Tutor Time	Movement and Mental Health Modern Slavery	SVCS Wellbeing - Stour Valley Community School What is Modern Slavery The Salvation Army
Year 8 Lessons	Giving and Seeking Permission Avoiding Assumptions	PSHE Association Charity and membership body for PSHE education (pshe-association.org.uk) Relationship and Sex Education Policy - Stour Valley Community School
Year 9 Tutor Time	Movement and Mental Health Principles of Healthy Relationships	SVCS Wellbeing - Stour Valley Community School CEOP Education
Year 9 Lessons	Coercive Control First Aid and Hygiene	PSHE Association Charity and membership body for PSHE education (pshe-association.org.uk) Relationship and Sex Education Policy - Stour Valley Community School First Aid Courses St John Ambulance (sja.org.uk)
Year 10	Time for RS topics	Religious Studies - Stour Valley Community School
Year 11	Time for RS topics	Religious Studies - Stour Valley Community School

For full information on the FUTURES (PSHE) curriculum and further supporting resources, please visit:

[Futures \(PSHE Plus\) - Stour Valley Community School](#)

For further supporting resources for student, parent and carer wellbeing please visit:

[SVCS Wellbeing - Stour Valley Community School](#)