

## SVCS FUTURES Update Spring 1 Weeks 3 - 4

Please contact Miss L Howard at [lhoward@stourvalley.org](mailto:lhoward@stourvalley.org) with any questions or concerns.

The beginning of term has been spent in self-reflection and planning for the year. The sessions outline below have either already happened or are listed to inform you of the topics we'll be looking at next.

Year Group and session type	Topic	Suggested supporting resources for parents and carers.
Year 7 Tutor Time	Introduction to AI Cyber Crime	<a href="#">Generative artificial intelligence (AI) in education - GOV.UK</a>
Year 7 Lessons	Healthy and Unhealthy Routines	<a href="#">SVCS Wellbeing - Stour Valley Community School</a>
Year 8 Tutor Time	Men's Health Women's Health	<a href="#">SVCS Wellbeing - Stour Valley Community School</a>
Year 8 Lessons	Giving and Seeking Permission Avoiding Assumptions FGM	<a href="#">PSHE Association   Charity and membership body for PSHE education (pshe-association.org.uk)</a> <a href="#">Relationship and Sex Education Policy - Stour Valley Community School</a> <a href="#">Female genital mutilation (FGM) - NHS</a> <a href="https://www.nspcc.org.uk/keeping-children-safe/types-of-abuse/female-genital-mutilation-fgm/">https://www.nspcc.org.uk/keeping-children-safe/types-of-abuse/female-genital-mutilation-fgm/</a>
Year 9 Tutor Time	Healthy Relationships Sexual Content online	<a href="#">SVCS Wellbeing - Stour Valley Community School</a> <a href="#">CEOP Education</a>
Year 9 Lessons	Coercive Control First Aid and Hygiene	<a href="#">PSHE Association   Charity and membership body for PSHE education (pshe-association.org.uk)</a> <a href="#">Relationship and Sex Education Policy - Stour Valley Community School</a> <a href="#">First Aid Courses   St John Ambulance (sja.org.uk)</a>
Year 10	Being an Active Bystander Interview Skills	<a href="#">Useful Career Links - Stour Valley Community School</a>
Year 11	One to one mentoring with tutor.	

**For full information on the FUTURES (PSHE) curriculum and further supporting resources, please visit:**

[Futures \(PSHE Plus\) - Stour Valley Community School](#)

**For further supporting resources for student, parent and carer wellbeing please visit:**

[SVCS Wellbeing - Stour Valley Community School](#)