



**12-18 years old?**

**Want to get fitter?**

**Make some new friends?**

**Run faster?**

**Challenge yourself?**

**Then we want you to join us**

**We train 6pm Tuesdays and Thursdays**

**Meeting at Castle Manor Academy (Tues) & Cinema Carpark (Thurs), Haverhill**

**Come and give it a try for free**

**For more information please email  
[juniors@haverhillrunningclub.com](mailto:juniors@haverhillrunningclub.com)**