

## SVCS PSHE Department Update Spring Term 1 Week 2

Please contact Miss L Howard at [lhoward@stourvalley.org](mailto:lhoward@stourvalley.org) with any questions or concerns.

Year Group and session type	Topic	Suggested supporting resources for parents and carers.
Year 7 Tutor Time	Introduction to AI	<a href="#">Artificial intelligence in schools – everything you need to know – The Education Hub (blog.gov.uk)</a>
Year 7 Lessons	Healthy and Unhealthy Routines	<a href="#">SVCS Wellbeing - Stour Valley Community School</a> <a href="#">Live Well - NHS (www.nhs.uk)</a>
Year 8 Tutor Time	Men's Health	<a href="https://uk.movember.com/">https://uk.movember.com/</a> <a href="https://www.cancerresearchuk.org/about-cancer/cancer-symptoms/talking-to-your-doctor">https://www.cancerresearchuk.org/about-cancer/cancer-symptoms/talking-to-your-doctor</a> <a href="https://www.nhs.uk/conditions/prostate-cancer/">https://www.nhs.uk/conditions/prostate-cancer/</a> <a href="https://prostatecanceruk.org/risk-checker">https://prostatecanceruk.org/risk-checker</a> <a href="https://prostatecanceruk.org/">https://prostatecanceruk.org/</a> <a href="https://youtu.be/ulqDbJGcm7U?si=0eilyBxghzhF1_6W">https://youtu.be/ulqDbJGcm7U?si=0eilyBxghzhF1_6W</a> <a href="https://www.cancerresearchuk.org/about-cancer/testicular-cancer">https://www.cancerresearchuk.org/about-cancer/testicular-cancer</a> <a href="https://www.nhs.uk/conditions/testicular-cancer/">https://www.nhs.uk/conditions/testicular-cancer/</a> <a href="https://www.macmillan.org.uk/cancer-information-and-support/testicular-cancer">https://www.macmillan.org.uk/cancer-information-and-support/testicular-cancer</a>
Year 8 Lessons	Body Image and Mental Health	<a href="#">SVCS Wellbeing - Stour Valley Community School</a>
Year 9 Tutor Time	Principles of Health Relationships	<a href="#">Teen Relationship Advice: Talking to Teens about Healthy Intimacy   Child Mind Institute</a>
Year 9 Lessons	Healthy and Unhealthy Relationships Mental Health	<a href="#">SVCS Wellbeing - Stour Valley Community School</a>
Year 10	Sexual Harassment Interview Skills	Resources from the BBC: <a href="#">Zara McDermott - Uncovering Rape Culture - BBC iPlayer</a> <a href="#">Careers - Stour Valley Community School</a> <a href="#">How to help your child choose a career - careers advice for parents</a>
Year 11	Sexual Harassment	<a href="#">FT FLIC   Mastering your money</a> <a href="#">FT Financial Literacy and Inclusion Campaign</a>

**For full information on the PSHE curriculum and further supporting resources, please visit:**

[PSHE - Stour Valley Community School](#)

**For further supporting resources for student, parent and carer wellbeing please visit:**

[SVCS Wellbeing - Stour Valley Community School](#)

