



## SVCS PSHE Department Update Spring Term 1 Week 4

Please contact Miss L Howard at [lhoward@stourvalley.org](mailto:lhoward@stourvalley.org) with any questions or concerns.

Year Group and session type	Topic	Suggested supporting resources for parents and carers.
Year 7 Tutor Time	Equality vs Equity	<a href="#">Equality Act 2010   CRAE</a>
Year 7 Lessons	Healthy and Unhealthy Routines	<a href="#">SVCS Wellbeing - Stour Valley Community School</a> <a href="http://www.nhs.uk">Live Well - NHS (www.nhs.uk)</a>
Year 8 Tutor Time	Cyber Crime	<a href="#">Safer Internet Day 2024 - UK Safer Internet Centre</a>
Year 8 Lessons	Body Image and Mental Health	<a href="#">SVCS Wellbeing - Stour Valley Community School</a>
Year 9 Tutor Time	Deep Fakes	<a href="#">Artificial intelligence in schools – everything you need to know – The Education Hub (blog.gov.uk)</a> <a href="#">Safer Internet Day 2024 - UK Safer Internet Centre</a>
Year 9 Lessons	Healthy and Unhealthy Relationships Mental Health	<a href="#">SVCS Wellbeing - Stour Valley Community School</a>
Year 10	Interview Skills	<a href="#">How to help your child choose a career - careers advice for parents</a>
Year 11	Adult Finances: Insurance	<a href="#">FT FLIC   Mastering your money</a> <a href="#">FT Financial Literacy and Inclusion Campaign</a>

All tutors will also have the opportunity to share some of the footage/interviews from the 80 year anniversary of the liberation of Auschwitz. [Holocaust survivor: 'I never saw my family again' - BBC Sounds](#) and [Holocaust Memorial Day 2025 - BBC iPlayer](#)

**For full information on the PSHE curriculum and further supporting resources, please visit:**

[PSHE - Stour Valley Community School](#)

**For further supporting resources for student, parent and carer wellbeing please visit:**

[SVCS Wellbeing - Stour Valley Community School](#)