

Parent Carer Bulletin

Spring Term Dates

7 April - 21 April, Easter Break 2025

Events this half term

Monday 31 March, Rewards Assembly week

Tuesday 1 April, Year 10 Long Road Sixth Form College visit, 1:30-5:30pm

Wednesday 2 April, *Spitfire Girls* at The New Wolsey Theatre for Years 9 and 10, 1-5:30pm

Friday 4 April, Italy Ski Trip 2025 departure

Friday 4 April, final full school day before the Easter break

Dates for your diary week commencing 31 March:

- **Monday 31 March** - Rewards Assembly week
- **Tuesday 1 April** - Year 10 Long Road Sixth Form College visit, 1:30-5:30pm
- **Wednesday 2 April** - *Spitfire Girls* at The New Wolsey Theatre for Years 9 and 10, 1-5:30pm
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Year 9 Vaccination Feedback

Dear Parent/Carer

Following the recent immunisation session at your young person's school, Hertfordshire Community NHS Trust wants everyone to have the best possible experience of care and we would like the young person/parent to complete our Patient Experience Survey. The NHS Friends and Family Test is a way of gathering feedback so that we can continually improve our services.

Could you please use the link below and leave feedback.

https://nhs1.radarhealthcare.net/incident/27/external-form/HCNT/HCT_FFT/545

Disability Parking

We have two disabled car parking spaces in our school car park. We would like to kindly request that visitors only park in these spaces if they hold a disabled car parking permit and a blue badge is displayed. Thank you for your support in this matter.

International Research House Competition Results

The best entries for the International Research Competition have been sent away for the judges to pick a winner of the £100 Amazon voucher. In the meantime, we have the results of our House Competition.

1st place: Orwell

2nd place: Kennett

3rd place: Waveney

4th place: Deben

Orwell had by far the most entries and they also submitted most of the entries that were sent away to be considered for the big prize.

Entries can be viewed on the school Facebook page.

Congratulations to all who took part!

Belonging by Design: Mental Health



As Director of Inclusion for Anglian Learning, I wish to share our [Belonging by Design](https://anglianlearning.org/belonging-by-design/) (<https://anglianlearning.org/belonging-by-design/>) strategy. This initiative is a priority for Anglian Learning for the next three years. The five strands of Belonging by Design are Attendance, Communities, Inclusion, Mental Health and Relationships.



Anglian Learning is beginning a collaboration with Cambridge-based charity, [The Foundation for Young People's Mental Health](https://www.ypmh.org/) (<https://www.ypmh.org/>) (YPMH), to progress the [Mental Health](https://anglianlearning.org/belonging-by-design/mental-health/) (<https://anglianlearning.org/belonging-by-design/mental-health/>) strand of Belonging by Design. The collaboration aims to help Anglian Learning and its schools select and implement evidence-based approaches for:

- Preventing and recognising mental health conditions, such as depression.
- Supporting and managing pupils experiencing mental ill health.

The first phase will focus on providing accessible information to colleagues, pupils, parents and carers to improve understanding of:

- What depression is and what causes it
- How to manage personal risk factors
- How to make simple lifestyle choices that promote positive mental health

While the initial focus is on depression, the prevention strategies will promote overall mental wellbeing. YPMH's research highlights the impact of everyday factors such as food, movement, sleep, chronic stress, loneliness, and substance use on mental health. Improvements in these areas can help prevent and even reduce conditions like depression. Please see the Foundation for Young People's Mental Health flyer which is attached.

Alongside YPMH, Anglian Learning will work with existing partnerships. [Innovate IFG](https://impactfood.co.uk/brands/innovate-ifg/) (<https://impactfood.co.uk/brands/innovate-ifg/>), our school's catering suppliers and [Anglian Leisure](#)

Innovate



(<https://anglianlearning.org/about-us/anglian-leisure/>), our sport, fitness and leisure centres will help to provide easily accessible advice, nutrition guidance, support and activities for pupils and whole school communities.

As part of our strategy to identify mental health needs, by the end of this academic year, our secondary schools will ask pupils to participate in an anonymised online mental health screening tool to gain further insight into the levels of need for pupils across Anglian Learning.

Your child's wellbeing is important. We will actively share guidance on maintaining good mental health as part of our Belonging by Design: Mental Health approach. We aim for your child to have a sense of belonging within their school and to enable them to thrive academically, socially, and emotionally.

Camilla Saunders
Director of Inclusion



Green Day Graffle

We will be holding a Graffle on Green Day, (non-uniform event) 25 April, and we would be so grateful to receive any donations that could then be used as Graffle prizes! Thank you in advance

Holiday Activity & Food Programme

The Holiday Activity and Food programme is open for bookings for families who are eligible for benefit related Free School Meals, or families on low incomes. All activities are free to families who are eligible.

Please click the link to access the booking system <https://eequ.org/suffolkhaf> to browse the activities and book on.

School Holiday Fun Awaits!

Book a spot now for your child aged 5-16 in the Spring, Summer and Winter school holidays

FREE for children who receive benefits-related free school meals

Explore Our Holiday Activities Programme!

Children aged 5-16 can take part in a variety of fun and engaging activities this school holiday, which include:

- Sports sessions
- Arts and crafts
- Dance classes
- Cooking workshops

Activities are FREE for children who receive benefits-related free school meals.

If your child is not on the free meals programme

Many of our activities have paid for sessions available, so every child still has a chance to participate!

Find out more!
Visit <https://eequ.org/suffolkhaf> and search 'Holiday Activities Fund' or scan the QR code!
Funded by the Department for Education



Easter Half Term Activities

[Email Letter for Schools - Easter 2025.pdf](#)

All Stars Cricket

It all starts with... ALL STARS CRICKET

We all play at:
Cavendish Cricket Club, CO10 8AG

Session dates:
Every Friday starting 16th May

Session timings:
4:15 - 5:00

Contact:
Jonny Wilson 07599650071

Sign up today at
allstarscricket.co.uk





Important Notices

- **SVCS Uniform Donations**
We would be very grateful to receive any surplus or outgrown SVCS uniform that you would be happy to donate to the school. Donated items will be added to our Nearly New Stand in order to supply second hand uniform to students where needed.
- *As a polite reminder, students are not allowed to use their mobile phones during the school day. If they are feeling unwell or need to contact home, they must visit reception. Likewise, if you could please contact reception if you have any messages you would like to be passed on.*
- *Your child's form tutor should be your first point of contact for any concerns or issues. They will be able to deal with your enquiry or will pass it on to the most appropriate member of staff who may contact you. If the matter is directly related to a specific subject, the subject teacher or head of department is the best contact. All staff email addresses are on the website (a link here): [Staff Contacts - Stour Valley Community School](#)*

If you call the school, you will appreciate that staff also have teaching commitments which means they may not always be available to take your call immediately. Also, please do not turn up at the school expecting to see a member of staff without a prior appointment.

Thank you for your continued support and understanding.

Important Letters and Information

- <https://stourvalley.org/downloads/Vive Price List - November 2024.pdf> - Free School Meal and Meal Deal guidance
- <https://support.overnetdata.com/knowledge-base/how-do-parents-update-their-information-in-edulink-one/> - How do parents/carers view and update information in EduLink One
- studentabsence@stourvalley.org - Stour Valley Community School Attendance reporting email address
- safe@stourvalley.org - Stour Valley Community School Safeguarding email address

Stour Valley Community School

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SCHOOL
MENTAL
HEALTH
AWARD

