



Parent/Carer Bulletin



STOUR VALLEY
— COMMUNITY SCHOOL —

Summer Term Dates

Half Term

29 May - 2 June 2023

Summer Term Ends

19 July 2023

Summer Break

20 July 2023

Upcoming Events this May

Tuesday 16 May

Year 10 Photography trip to West Suffolk
College - Darkroom Workshop

Wednesday 17 May

Ethics Committee, Wellbeing Showcase
Conference in London

Wednesday 17 May

Dates for your diary week commencing 15 May:

- **Tuesday 16 May - Year 10 Photography trip to West Suffolk College - Darkroom Workshop**
- **Wednesday 17 May - Ethics Committee, Wellbeing Showcase Conference in London**
- **Wednesday 17 May - Year 8 Community Information Fair in Clare, 9:30-10:30am**
- **Wednesday 17 May - Year 7 Community Information Fair in Clare, 11:55am-12:55pm**
- **Thursday 18 May - School Nurse Student Drop-in session in U13 (wellbeing room), lunchtime**
- **Thursday 18 May - Year 7 Parent/Carer Evening, 5-7pm**

Beat Charity - Resources

In addition to the fundraising for Beat - the eating disorder charity, students have also compiled a list of books and Instagram accounts that spread messages of body positivity and support for those experiencing symptoms of eating disorders. These are shared below:

Year 8 Community Information Fair in
Clare, 9:30-10:30am

Wednesday 17 May

Year 7 Community Information Fair in
Clare, 11:55am-12:55pm

Thursday 18 May

School Nurse Student Drop-in session in
U13 (wellbeing room), lunchtime

Thursday 18 May

Year 7 Parent/Carer Evening, 5-7pm

Wednesday 24 May

Year 7 Thriftwood Summer Camp Day 1

Thursday 25 May

Year 7 Thriftwood Summer Camp Day 2

Thursday 25 May

School Nurse Student Drop-in session in
U13 (wellbeing room), lunchtime

Friday 26 May

Year 7 Thriftwood Summer Camp Day 3

Friday 26 May

Final full school day before Half Term

Books

"You just need to lose weight" and Nineteen Other Myths About Fat People

- Aubrey Gordon

Food Therapy - Pixie Turner

You Are Not A Before Picture - Alex Light

Just Eat It - Laura Thomas

The Insta-Food Diet - Pixie Turner

Happy Fat - Sofie Hagen

Instagram

@beatedsupport

@caralissette

@sarahfrancesyoung

@themindsetnutritionist -

@laurathomasnutrition

@Jennys_fat_and_happy_life

@Pixienutrition

@Isarobinson_nutrition

@arfid.dietician

@nutritionwithlaura

@thehungryclentine

@Emilymurray.rd

@drjoshuawolrich

@Stephanieyeboah

@thenutritiontea

@wiseheart_nutrition

@orthorexiabites

@anadhelp

Green Projects Continued

As the runner up school in Suffolk's Greenest School award, we want to do all we can to continue reducing the schools' impact on climate change.

After half term, we will be reverting back to pre-covid times, where students can eat off a plate in the hall. If they wish to have a take-away, they should now bring in their own re-usable container, much like students bring in a reusable bottle. This is in order to reduce waste from the canteen and litter on the school grounds, both of which contribute a huge amount of landfill.

Thank you for your support in our bid to become **even greener!**

Student Absence

Please could we remind you of the student absence procedure on our website - [Click Here](#)

Year 11 - Suffolk County Council Post 16 Transport Information

- <https://suffolklearning.com/suffolk-headlines-tuesday-2-may-2023/action-required-post-16-travel/>
- [Post-16 travel letter to Year 11 pupils and parents](#)

Parents/carers and students can also find lots of useful information about getting to school or college via the website:

www.suffolkonboard.com

You can also contact the Customer Service Team for advice on 0345 606 6067 or by emailing customer.service@suffolk.gov.uk.

Year 10 - Virtual Open Evening Opportunity

We know how hard it is to help your child weigh up future career options when the job market has changed so massively, and there are so many different pathways into employment you might not be aware of.

Speakers for Schools are a youth charity that offer *fully funded* work experience opportunities with big-name national employers like Boots, PwC and Willmott Dixon, offering thousands of placements across the whole of the UK.

They offer both virtual and in person placements, so where you live will not be a barrier. They want to make sure that every young person from a state school or college can face their future with confidence.

During this session, they will clearly signpost how your child can access eye-opening work experience. All placements are offered at no cost to either the young person or their school/college. This webinar is designed for parents of 14-19 year olds.

[https://www.eventbrite.com/e/virtual-hybrid-work-experience-session-for-parentscarers-of-14-19yr-olds-tickets-622448218377?](https://www.eventbrite.com/e/virtual-hybrid-work-experience-session-for-parentscarers-of-14-19yr-olds-tickets-622448218377?fbclid=IwAR1LzaeRog0fzQ_9BVlpf0LkG7M8PbiCy6eF6jTNF3AksUAEB02354UGo)

[fbclid=IwAR1LzaeRog0fzQ_9BVlpf0LkG7M8PbiCy6eF6jTNF3AksUAEB02354UGo](https://www.eventbrite.com/e/virtual-hybrid-work-experience-session-for-parentscarers-of-14-19yr-olds-tickets-622448218377?fbclid=IwAR1LzaeRog0fzQ_9BVlpf0LkG7M8PbiCy6eF6jTNF3AksUAEB02354UGo)

Green Club

Green Club is running from 3-4pm every Thursday this term.

Year 10 & 11 Important Dates

Yr 11 GCSE Exams

15 May to 28 June

Yr 11 Study Leave Commences

Tuesday 6 June

Yr 10 End of Year Exams

12 June to 30 June

Year 10 Work Experience

3 - 14 July

[Year 10 and 11 Exam Timetables](#)

The Year 11 Leavers Prom

The Year 11 Leavers Prom will be held on Friday 30 June 2023 at Belchamp Community House & Gardens, 6-10pm. Please note that Prom payments are required via ParentPay by Wednesday 31 May.

Current Year 10 - Long Road Open Evenings

<https://www.eventbrite.com/e/long-road-sixth-form-college-open-evenings-tickets-538791940197>



OPEN EVENINGS FOR SEPTEMBER 2024 ENTRY
YEAR 11s WELCOME

ATTENTION
YEAR 10s
Scan here to
book now!



**DISCOVER YOUR
ROAD TO SUCCESS**

**LONG ROAD
OPEN EVENINGS**
4TH & 5TH JULY 2023, 5-9PM

At Long Road Sixth Form College there's lots of choice: whether you're interested in Art, Science, Sports, Performing or Social Sciences, you can mix and match A Levels and Diplomas to design your programme for success. Whichever direction you take, as a member of our friendly and vibrant community you will develop the skills, independence and focus you need to keep moving forward. Be Prepared. Be Inspired. Be Long Road.

#BeLong

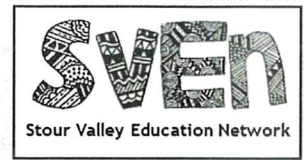
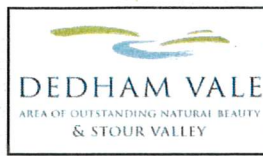


LONG ROAD SIXTH FORM
COLLEGE
CAMBRIDGE



www.longroad.ac.uk

Free Event this Half Term



Its Time to Get...

Wild in the Stour Valley

A fun hands-on family day out, provided by local outdoor education organisations



Mini-beast hunts



Damsels & Dragons



Help4Hogs



Camera Obscura



Boat trips



Quiz Trail



Archery



Art & crafts



Canoeing

Friday 2nd June 2023

11:00am - 4:00pm

Friars Meadow, The Valley Walk, Sudbury, CO10 2SS

FREE EVENT!

Find out more at dedhamvalestourvalley.org or email emma.black@suffolk.gov.uk

Letters & Notices

https://www.stourvalleycommunityschool.org/files/letters/Lunchtime_and_After-School_Clubs_Summer_Term_2023.pdf - Summer Term Lunchtime and After School Clubs

<https://www.stourvalleycommunityschool.org/news/letters-from-the-headteacher> - Letters from the Headteacher

studentabsence@stourvalley.org - Stour Valley Community School Attendance reporting email address

safe@stourvalley.org - Stour Valley Community School Safeguarding email address

Stour Valley Community School

Cavendish Road | Clare | Suffolk | CO10 8PJ 01787 279342

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